

LESSON 46 (9-10-23)

We went over the “**Faith-Rest Drill**” toward the end of **Lesson 45**.

The Exodus generation did not enter the Promised Land because they refused to believe that God would give them victory over the Canaanites who were living on the land that God promised to them, the Israelites. So they did not enter His Rest by trusting Him to do what He said He would do, so they were sent back to the wilderness to die.

The **Rest** that they rejected was an individual spiritual rest in the Lord. There is no effort or work required to possess it and no one can buy it. The only way to receive this wonderful rest is by trusting the Lord Jesus Christ with our problems and our life.

God still gives us the opportunity to trust the Lord to do what He said He will do; we call it “**Faith Rest**”

When we give our problems, difficulties, troubles, setbacks, predicaments, and crises to Jesus Christ to handle, this is what happens:

- 1.** The stress, worry, fear, anger, confusion, and dreading the outcome of our situation ends! Remember, our problems are no longer ours because we are trusting Him with them, not ourselves.
- 2.** Our relationship with Him goes to a new level. We talk to Him more, we thank Him more, we ask Him for more, and we love Him more.
- 3.** We develop a Relaxed Mental Attitude (RMA). We don't freak-out when something goes wrong or when people try to get us out of fellowship.

4. We get to see the faithfulness and power of our God working on our behalf.
5. We are comforted to know that He will never leave us or forsake us and it is impossible for Him to fail us.
6. **Faith-Resting** doesn't always mean that things get better, sometimes they get worse. But God will never allow us to be tested beyond what we are able to bear (when we are trusting in Him).

The verse below is only for believers who are filled with the Holy Spirit and are experiencing underserved suffering.

1 Corinthians 10:13 No temptation/testing has over-taken you but such as is common to man; and God is faithful, who will not allow you to be tested beyond what you are able, but with the temptation/testing will provide the way of escape also, that you may be able to endure it.

7. We find that good things do happen when we undergo **Undeserved Suffering** for blessing. (spiritual growth, stronger relationships, our capacity for love increases, an (RMA) develops)
8. The horrible consequences of failing to **Faith-Rest** are shown in the Scriptures below.

Hebrews 3:6 but Christ was faithful as a Son over His house whose house we are, if³ we hold fast our confidence and the boast of our hope firm until the end.

7 Therefore, just as the Holy Spirit says, "Today if you hear His voice, (Heb. 3:7, 3:15, 4:7)

8 Do not harden^s your hearts as when they provoked Me, As in the day of trial in the wilderness,

9 Where your fathers tried Me by testing Me, And saw My works for forty years.

10 "Therefore I was angry with this generation, And said, 'They always go astray in their heart; And they did not know My ways';

11 As I swore in My wrath, 'They shall not enter My rest.'"

12 Take care, brethren, lest there should be in any one of you an evil, unbelieving heart, in falling away from the living God.

13 But encourage one another day after day, as long as it is still called "Today," lest any one of you be hardened by the deceitfulness of sin.

14 For we have become partakers of Christ, if we hold fast the beginning of our assurance firm until the end;

15 while it is said, "Today if you hear His voice, Do not hardens your hearts, as when they provoked Me."

16 For who provoked Him when they had heard? Indeed, did not all those who came out of Egypt led by Moses?

17 And with whom was He angry for forty years? Was it not with those who sinned, whose bodies fell in the wilderness?

18 And to whom did He swear that they should not enter His rest, but to those who were disobedient? (ἀπειθέω, *refuse to believe*)

19 And so we see that they were not able to enter because of unbelief.

4:1 Let us therefore fear^s, lest, a promise being left *us* of entering into his rest, any of you should seem to come short of it.

2 For unto us was the gospel preached, as well as unto them: but the word preached^r did not profit them, not being mixed with faith in them that heard it.

3 For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world.

4 For he spoke in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works. (Gen. 2:2)

5 And in this place again, If they shall enter into my rest.

6 Seeing therefore it remained that some must enter therein, and they to whom it was first preached entered not in because of unbelief: (same word as in 3:18)

7 Again, he limiteth a certain day, saying in David, To day, after so long a time; as it is said, Today ifs ye will hear his voice, hardens not your hearts.

8 For if² Jesus Joshua had given them rest, then would he not afterward have spoken of another day.

9 There remains therefore a rest to the people of God.

10 For he that is entered into his rest, he also hath ceased from his own works, as God did from his.

11 Let us *labor therefore to enter into that rest, lest any man fall after the same example of unbelief.

***SPOUDAZO, σπουδάζω, (v. aas); ③ to be especially conscientious in discharging an obligation, be zealous/eager, take pains, make every effort, be conscientious**

We must stay alert and be zealous to trust the Lord with our troubles rather than trust ourselves. That way, the focus of our life is on Him, where it belongs, not on ourselves.

They besmirched the character of God -

Exodus 16:3 ...for you have brought us out into this wilderness to kill this whole assembly with hunger."

To allege that God would do what is stated above is an abominable lie which seriously impugns His character.

They had no gratitude – They would have never acted the way they did, nor say the things they said about God, if they had gratitude for all that He had already done for them in Egypt and at the Red Sea.

“A complaining tongue reveals an ungrateful heart.” — William Arthur Ward

Philippians 2:14 “do all things without complaining and disputing.”

Exodus 16:4 Then the LORD said to Moses, "Behold, I will rain bread from heaven for you. And the people shall go out and gather a certain quota every day, that I may test them, whether they will walk in My law or not.

Notice, the Lord did not punish their arrogant, disrespectful, and ungrateful attitude. He did not scold them nor admonish them for what they said. Rather, He told them that He would rain bread down from heaven for them.

Nehemiah 9:15 Thou didst provide bread from heaven for them for their hunger, Thou didst bring forth water from a rock for them for their thirst, And Thou didst tell them to enter in order to possess The land which Thou didst swear to give them.

Psalms 105:40 They asked, and He brought quail, And satisfied them with the bread of heaven.

John 6:31 Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread out of heaven to eat.'"

32 Jesus therefore said to them, "Truly, truly, I say to you, it is not Moses who has given you the bread out of heaven, but it is My Father who gives you the true bread out of heaven.

33 "For the bread of God is that which comes down out of heaven, and gives life to the world."

34 They said therefore to Him, "Lord, evermore give us this bread."

35 Jesus said to them, "I am the bread of life; he who comes to Me shall not hunger, and he who believes in Me shall never thirst.

1 Corinthians 10:1 For I do not want you to be unaware, brethren, that our fathers were all under the cloud, and all passed through the sea;

2 and all were baptized into Moses in the cloud and in the sea;

3 and all ate the same spiritual food (*manna*);

4 and all drank the same spiritual drink (*water*), for they were drinking from a spiritual rock which followed them; and the rock was Christ.

5 Nevertheless, with most of them God was not well-pleased; for they were laid low in the wilderness.